

Dressage Unmounted Lesson Plan

TITLE: *KNOWING THE LETTERS*

OBJECTIVES

Long Term Goal: To know the letters in the Dressage ring.

Short Term Goal: Make letters for a mounted lesson coming up

EQUIPMENT NEEDED:

8 x11 poster paper amount needed for one letter per child or a whole set per child as time allows. Crayons, markers and paints.

AGE & RATING OF STUDENTS:

Note Age generalities:

Age 4-7: Lateral motion, body position, spatial body awareness, lots of imagination;

Age 8-11: Group activities, socialization, one key concept, increase vocabulary;

Age 11-14: Relationship w/ teacher important, one-to-one, increase vocabulary level

What (Phases)	How (Exercises, system, games)	Why (Goal Setting)	Time (Estimates can be adjusted)
Intro/ Welcome	Game or Method: Have the kids pick a letter that is used in the dressage ring.	Teacher's goal: To get them to know the letters	(Est. 5 min)
Warm-up	Game or Method: Have the kids come up with words that they would use in Horse management that begin with the letter they chose.	Mental/Physical Prep Get some horse management in the lessons	(Est. 15 min)
Feedback	Question/Sharing Show the kids a picture of a dressage ring without letters and ask if they know where theirs would go.	Teacher's Assessment Make sure they know where the letters go in the ring	(Est. 15 min)
Transition	Practice or one time around to get idea of lesson, relax Teach them a rhyme to learn the letter placements "All King Edwards Horses Can Make Big Fences"	Cement for lesson You need to know where the letters are in the ring for dressage and quiz	(Est. 1 min)
Lesson	Game/Method to teach Goal: Have the kids make cool letters to be put up in the test riding lesson you will do later. Make sure the letters are clear so they can be read when the kids ride.	Achieve Goal Know the letters	(Est. 20 min)
Conclusion/ Feedback	Slow paced game/activity while teacher & students ask/answer questions Have the kids make a ring by standing in a rectangle and hold up the letters. They should be in the right order.	Check for understanding and feedback for next lesson Do they have a better idea of the letters used in the dressage ring!	(Est. 2 min)

Last updated 4/16/07