

## Dressage Mounted Lesson Plan

**TITLE: TEST DAY**

**OBJECTIVES**

**Long Term Goal:** Learn to put figures together in a test

**Short Term Goal:** Learn their test for the Rally

**EQUIPMENT NEEDED:**

Dressage ring and letters (the letters they made in the earlier unmounted lesson)

**AGE & RATING OF STUDENTS:**

Note Age generalities:

Age 4-7: Lateral motion, body position, spatial body awareness, lots of imagination;

Age 8-11: Group activities, socialization, one key concept, increase vocabulary;

Age 11-14: Relationship w/ teacher important, one-to-one, increase vocabulary level

<b>What</b> (Phases)	<b>How</b> (Exercises, system, games)	<b>Why</b> (Goal Setting)	<b>Time</b> (Estimates can be adjusted)
Intro/ Welcome	<b>Game or Method:</b> Ask the kids what test they will be doing at the rally. What is their favorite movement in the test.	<b>Teacher's goal:</b> Get the kids thinking about the test and that there are fun things to do with in the test.	(Est. 5 min)
Warm-up	<b>Game or Method:</b> Have the kids play follow the leader. Go thru the test that most kids will ride. Change leaders after each of the movements.	<b>Mental/Physical Prep</b> Get them thinking about the test they will do	(Est. 15 min)
Feedback	<b>Question/Sharing</b> Ask if the kids know their rides and does any one need it read to them	<b>Teacher's Assessment</b> Explain that in Pony Club you need to memorize your test for the most part. ( In your region some D's maybe able to have their tests read)	(Est. 15 min)
Transition	<b>Practice or one time around to get idea of lesson, relax</b> Have them go around the ring and explain how the bell and salute will work for them. Ask each child to salute a few times to get the hang of it	<b>Cement for lesson</b> Explain that this the time we put all the things we have been working on in the past weeks together and to remember the fun games for each.	(Est. 1 min)
Lesson	<b>Game/Method to teach Goal:</b> Have each child do their rides. If they need it read you should do that. Remind them about all the past games and exercises they worked on and to try to do them the same now. To relax and have fun. You can have the kids switch around and read or be the judge as well.	<b>Achieve Goal</b> To have the kids go thru their tests and feel comfortable with their ponies and the figures they have to do. Also to feel at ease with the ring.	(Est. 20 min)
Conclusion/ Feedback	<b>Slow paced game/activity while teacher &amp; students ask/answer questions</b> Ask each child what they liked about their ride. Then ask if there was anything that they would like to improve on. Then give them some home work to help with that improvement.	<b>Check for understanding and/ feedback for next lesson</b>  Make sure they feel good about the test and the rally coming up.	(Est. 2 min)

Last updated 4/16/07