

Dressage C Level Unmounted Lesson

TITLE: *DRESSAGE SADDLERY*

OBJECTIVES

Long Term Goal: To be able to recognize and know the use of tack used for dressage

Short Term Goal: To have the students know about the tack they use

EQUIPMENT NEEDED

Have the students bring the tack that they use for dressage. Instructor brings any tack that they feel would be educational for he kids. PC Manual

What (Phases)	How (Exercises, system, games)	Why (Goal Setting)	Time (Estimates)
<i>Intro/ Welcome</i>	<i>Game or Method:</i> Introduce yourself and ask how many kids use separate tack for dressage then jumping	<i>Teacher's goal:</i> If so have them explain why	(Est. 2 min)
<i>Warm-up</i>	<i>Game or Method:</i> Have the students show their tack and have them explain why they use it. Have them talk about bit actions and noseband pressures	<i>Mental/Physical Prep:</i> Explain each piece of tack has a use and they need to know why they need that tack on their horse.	(Est. 2 min)
<i>Feedback</i>	<i>Question/Sharing:</i> Have them help each other on the answers	<i>Teacher's Assessment:</i> If the older members have a good handle on the tack then let them help the less knowledgeable.	(Est. 1 min)
<i>Transition</i>	<i>Practice or one time around to get idea of lesson/game, relax:</i> Have the bits or nosebands put in a pile. Each student pulls one out and tells the others about it. (not their own)	<i>Cement for lesson:</i> Make sure they can explain to the other kids what they items are used for.	(Est. 4 min)
<i>Lesson</i>	<i>Game/Method to teach Goal:</i> Have a few saddles. Have them explain why you may use a dressage saddle instead of a jumping saddle for your flat work. Mention the seat depth and flap length. Also discuss the girths. Why you may use a short girth VS a long one.	<i>Achieve Goal:</i> Help the kids understand why they use a certain saddle and girth for certain disciplines.	(Est. 3 min)
<i>Conclusion/ Feedback</i>	Ask if they learned any thing new and if they found a piece of tack that maybe be better for them	Have them put bridles back together.	(Est. 3 min)